

Evaluation of Healthy, Active, Caring School Policy / Wellness - 2022-2023

Component 1: Safe School Environment

Goal: Transylvania County Schools will maintain a safe school environment

Objective: Complete a safe school assessment for each school in the district

Evaluation

100% complete Sept 2022

A tactical safe school assessment will be completed every year. (SRO, Fire Marshall, Plant Operations)

All 9 schools have complete their NC School Risk Management Plans

Goal: Continue to integrate character education into all subject areas.

Objective: To emphasize the importance of character education to all students at all levels.

Evaluation

100% complete 2022-23

SAFE Dates; PBIS at all Elementary and Middle Schools; community drug awareness program; DARE; Red Ribbon Week; Sheriff's Int'l Youth Camp; CARE

Goal: Implement a drug prevention/abuse program for the middle/high schools.

Objective: To select, determine and implement a drug prevention/abuse program for middle/high school students.

Evaluation

100%

BHS

RHS

DRS

BMS

RMS

Random drug testing for all students in competitive extracurricular activities and parking

Substance abuse curriculum from Healthful Living in grade nine

Risky Behaviors Programs (Safe Dates Program)

Drug dog searches

Dare program in the 7th grade

Vape Education programs

Goal: Create a safe working environment for students and staff

Objective: Maintain a tip line to report safety issues to adminis

Say Something anonymous tip line implemented and being used at both middle schools and all three high schools

Updating District Safe Schools Plan. All 9 schools are updating individual safe schools plans and updating as necessary to meet federal

Train all staff on Stop The Bleed protocol and install kits in all classrooms- 100% complete

Objective:

SRO's and School Administration reevaluate safe school each year plans for effectiveness

New Cameras have been updated and replaced in all the 9 schools for 2022-23

NC Critical Incident Response For School Faculty and Staff is taught each year

Component 2: Health Education							
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Goal: Teach health at all levels with a positive focus on equal balance within physical, mental/emotional and social triangle.

Objective: To assist students in making positive lifestyle choices regarding all aspects (students presented with tools for Healthful Living) of Health.

Evaluation	Health education is taught in grades K-9 by teachers, nurses and personnel from the Dept. of Public Health						
	Nurses, teachers, and a variety of others educate students about numerous areas of health as defined by the various screenings CPR taught in to all 8th grade students 100% complete The reproductive health curriculum is being taught to middle and high school students.						
	Continuing to use an online permission form						

Component 3: School Meals and Nutrition							
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Goal: Providing a school environment that promotes student wellness, proper nutrition and nutrition education as part of the total learning experience.

Objective 1: Provide appropriate instruction for the acquisition of behaviors that contribute to a healthy lifestyle for students and to teach them to make healthy choices.

Evaluation	Development of food policy -100%						
	Backpack Buddies (food program for needy students sponsored by Manna Food Bank)						

Objective 2: All foods available in the system's schools during the school day that are offered to students should help promote student wellness.

Component 4: Physical Education (Elementary Schools)							
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Goal: Encourage students to lead a physically active lifestyle in and out of school through regular exercise.

Objective 1: To consider providing 100% of students 150 minutes/week of physical education by a certified physical education teacher.

Evaluation	BES	PFS	RES	TCH			
100% consideration	110	100	120	120			
Average number of minutes an elementary school student receives as of 2022-23 per week							

Objective 2: To provide physical fitness assessments to students in physical education

Evaluation	BES	PFS	RES	TCH			
100%	X	X	x	X			

Objective 3: To consider providing 100% of students an additional 20 minutes of activity time/day

Evaluation	BES	PFS	RES	TCH			
100%	X	X	X	X			

Average number of minutes an elementary school student receives							
(See objective 1)							
Component 4: Physical Education (Middle Schools)							
Goal: Encourage students to lead a physically active lifestyle in and out of school through regular exercise							
Objective 1: To consider providing 100% of students 225 minutes/week of physical education by a certified physical educator							
Evaluation	BMS	RMS					
100%	X	X					
Average number of minutes a middle school student receives							
	225 min/wk	225min/wk					
Objective 2: To provide physical fitness assessments to students in physical education							
Evaluation	BMS	RMS					
100%	X	X					
Component 4: Physical Education (High Schools grade 9)							
Goal: Encourage students to lead a physically active lifestyle in and out of school through regular exercise							
Objective 1: To consider providing 100% of 9th grade students 225 minutes/week of physical education							
Evaluation	BHS	RHS					
100%	X	X					
Average number of minutes a 9th grade student receives PE				90mins per day for one semester/This increases for select			
Objective 2: To teach lifetime activities							
Evaluation	BHS	RHS	DRS				
100%	X	X	X				
Objective 3: To provide physical fitness assessments to students in physical education							
Evaluation	BHS	RHS	DRS				
33%	YES	YES	None				

Component 4: Physical Education (All levels of Physical Education)								
Goal: Encourage students to lead a physically active lifestyle and understand the benefits of exercise.								
Objective 1: To train all teachers to teach students to lead a physically active lifestyle and understand the benefits of exercise.								
Evaluation	BES	PFS	RES	TCH	BMS	BHS	RMS/RHS	
100%	x	x	x	x	x	x	x	
Component 5: Health Services								
Goal: Provide appropriate health services to Transylvania County Students and promote healthy lifestyles.								
Objective 1: To train one certified first aid/CPR responder per 100 students in each school.								
This number is maintained and accurate for 2022-23								
Objective 2: To train one certified epinephrine administrator in each school.								
All 9 schools are compliant								
2 epipens in each of our schools								100%
Objective 3: CPR training for 8th grade students during physical education.								
Evaluation	BMS	RMS						
100%	YES	YES						
CPR to is be taught to all 8th graders every year								
Objective 4: To continue providing kindergarten health screenings to eligible students.								
Evaluation	BES	PFS	RES	TCH				
100 % complete	X	X	X	X				
Objective 5: To continue providing recommended immunizations to all Transylvania County Students.								
Evaluation								
100 % complete								
Flu Shot was administered to students								
Objective 6: To continue providing annual vision screenings for students in grades K-8 (Excluding grade 7) with appropriate follow-up								
Screening Complete for 2022-23								
Objective 7: Fluoride rinse available k-8 for all students								
This has been scaled back Elementary Grades-Supplies and funding has become limited								
Objective 8: To provide periodic dental screenings, cleanings, and sealants for students in grade K -5.								
100% 2022-23								
Objective 9: Review and update the current head lice procedure for TCS								
This procedure and policy is up to date								
Component 6: Counseling, Psychological and Mental Health Services								

Goal 1: Transylvania County Schools will provide parents, students, and teachers with access to mental health providers								
Objective: To provide all parents with the information as to how to access quality mental health								
Evaluation								
100%								
Meridian Mental Health Services is available to all elementary, middle and high school students								
Goal 2: Transylvania County School Administrators will collaborate with counselors to facilitate the delivery of appropriate services for students who violate the Substance Abuse Policy.								
Objective: To facilitate the enforcement of the Substance Abuse Policy								
Evaluation								
100%								
DRS, BHS, BMS, RHS, RMS have random selection drug tests for competitive extracurricular activities								
Goal 3: Transylvania County Schools will develop a means to provide student support in the areas of bullying, parent divorce, substance abuse/alcoholism, and anger management.								
Objective: To establish small student support groups at each school for the purpose of addressing student needs								
		DRS	BHS	BMS	RES	TCH	RHS	RMS

		Girls Circle, Character Education, (Substance abuse), Day Treatment, Lunch Group GPS (Guided Problem Solving), anti-bullying is covered in 3 of the groups	Freshman Orientation, New Student Group, Grief Loss Group, Bullying is being looked at school wide, Freshmen retreat - workshop on gossip, stereotypes-bullying	Student anger mgt, better decision making, dealing with family crisis, grief counseling, test anxiety, relational aggression, and social skills, Peer Team Program has an Anti-bullying Unit	Anger management, Study Skills, Friendships, School Success, Loss, and Parent divorce, bullying is addressed with each character trait - responsibility, respect, etc. SRO teaches classes specific to bullying.	Anger management, Study Skills, Friendships, School Success, Loss, and Parent divorce, bullying is addressed with each character trait-responsibility, respect, etc. SRO teaches classes specific to bullying.	Peer Mediation (deals regularly with conflict resolution) and Freshmen Year Experience, numerous activities and contests were held during Bullying Free Week.	Peer mediation, character education, anger management, interpersonal communication, bullying sessions in guidance program as well as classroom instruction.
	Evaluation							
	100%							

Component 7: Staff Wellness

Goal: Make faculty and staff aware of wellness and fitness activities that are available.
Objective: To encourage faculty and staff to participate in available wellness and fitness opportunities

	Evaluation							
	Corporate sponsorship purchased at local gyms so that staff could receive discounts on memberships (Brevard Racquet Club, Curves,							

Component 8: Parent/Community Partnerships

Goal 1: Communities In Schools will continue to establish partnerships with community members and school to enhance the community's health, education and human resources.
Objective: To increase the availability of volunteers and mentors to the schools and their respective students

	Evaluation							
	100% complete							
	Schools continue to encourage volunteers to participate in activities to assist students							
	Implement new program to do background checks on prospective volunteers							

Goal 2: Communicate to the Representative of the Schools' Communities with the focus on the Coordinated School Health Plan

<p>Friendship Skills, , school entry (social skills for kindergarten) , other social skills, family change (divorce, remarriage, etc.) resolution of group issues.</p>	<p>Anger management, Grief Group Counseling, Self-esteem group, Misfit group, Divorce group, New students to PFS group, Behavior skills group, Respect group, 5th grade girls "growing up" group and Having a new family member group, Steps to Respect and Name Calling Week is focused on anti-bullying.</p>										
<p>Fitness Factory)</p>											

